



Child Care  
Resource and  
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# Navigating Acronyms

*Do you ever feel overwhelmed by the alphabet soup of acronyms used at appointments and meetings for your child?*

**You are not alone.** Below are only a handful of the most used acronyms in early childhood mental health.

## IFSP Individualized Family Support Plan

An IFSP is a written document through First Steps that lays out supports and services for young children (birth to age three) with developmental delays.

## IEP Individualized Education Plan

An IEP is a written document that lays out special education instruction, supports, and services that a student (ages three to 21) needs to thrive in public education.

## FBA Functional Behavioral Assessment

An FBA is an evaluation and process that uses data to identify patterns in behavior and the purpose of behavior.

## BIP Behavior Intervention Plan

A BIP follows an FBA. It is an agreed-upon plan that describes the pattern of behavior, the purpose of the behavior, and the positive interventions and supports to address the behavior.

## BX Behavior Diagnosis

## DFR Division of Family Resources (a.k.a. Medicaid Office)

Every county in Indiana has its own Medicaid office. You can apply online at [indianamedicaid.com](http://indianamedicaid.com).

## CANS Child and Adolescent Needs and Strengths

CANS is an assessment tool used to assess the child's and the caregiver's needs and strengths to determine intensity of services.

## PBIS Positive Behavior Intervention and Support

PBIS is a multi-tiered approach to support social-emotional development and behaviors in schools.

## CMHC Community Mental Health Center

## CMHW Children's Mental Health Wraparound

CMHW provides intensive wraparound services for youth with serious emotional disturbances (SED).

## OHI Other Health Impairment

OHI is an umbrella term that encompasses a range of conditions such as ADHD, anxiety, epilepsy, etc.

## Can't find the acronym?

Explore Indiana System of Care's complete list:

[Alphabet Soup of Acronyms](#)



## LET US HELP!

We can provide one-on-one support. Go to [bit.ly/ccafamilies](http://bit.ly/ccafamilies) to get in touch!